

ROOMS

The 185 spacious and airy rooms at Radisson Blu Hotel Nydalen are decorated in Urban and Chilli styles to make your stay more fun, but with good blend of comfort and design. With free broadband, comfortable beds and spacious rooms we try to live up to our guests high expectations.

All our rooms are Non-Smoking and 17 rooms are especially designed for disabled guests.

Our 25 Business Class rooms offers an extra level of comfort, ideal for our frequent business travellers where such in-house facilities as Nespresso Coffee machine, movie and sports

channels, bathrobe and slippers are included in the rate. And why not order your freshly made breakfast in the room with the newspapers?

We also offer a new and modern Business Suite, with a spacious sitting room for extra comfort during your stay with a calming view towards the Aker River.

FOOD & ENTERTAINMENT

“Circo Bar & Restaurant” is the heart of the hotel where you may relax with a glass of chilled white wine and a newspaper by the fireplace or invite your business partners to a glamorous cocktail party after a successful meeting. The inviting Lounge area is the perfect place to relax and watch all major sports events on our big screen. “Circo Bar & Restaurant” also serves classic lunch dishes, all freshly made in our kitchen.

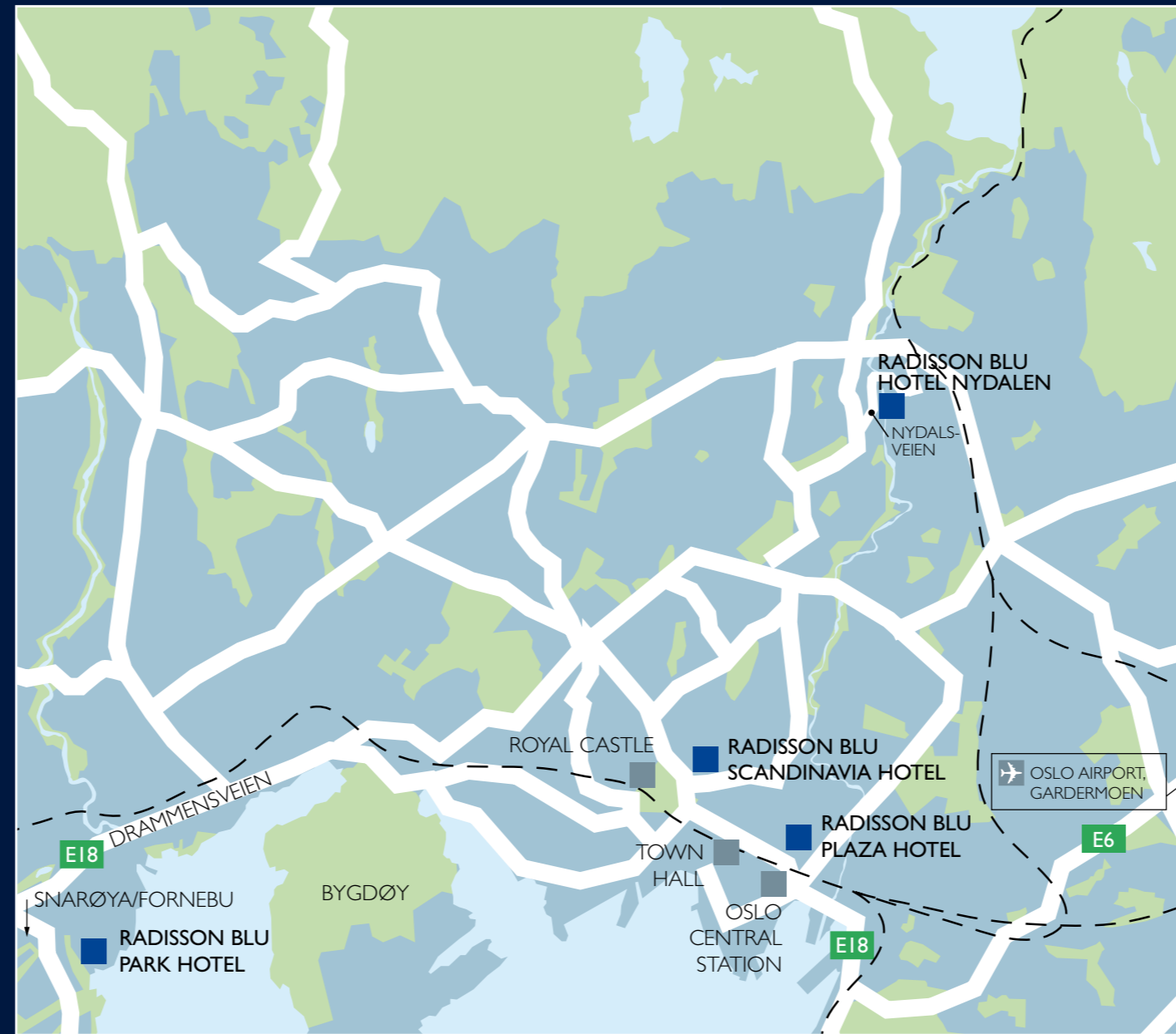
“Circo Bar & Restaurant” takes the best Norwegian products combined with inspiration and ingredients from the Mediterranean countries. The menu varies with the changing seasons to ensure that the best food is available for you at all times. The restaurant is also where our delicious “Superbreakfast” buffet is served to give you a fresh start of the day.

Good food and drinks are essential for a good meeting experience. Our kitchen team is proud to compose menus that will help make your event a memorable experience. At the Radisson Blu Hotel Nydalen we are able to offer everything from exciting finger food to grand gala dinners – depending on the occasion.

FITNESS & RELAXATION

The beautiful Aker River is the perfect background for an energizing walk after a day indoors or you may follow the paths along the

river for a jog. The hotel also provides you with a well – equipped fitness centre or you can relax in the sauna with cold refreshments.



BY CAR

From Oslo International Airport Gardemoen, drive towards Oslo on route E6. Access the hotel via the main access-highway to Oslo (R150), turn off at Storo. Make a right turn at the first roundabout then right again in roundabout number three. Turn left in the first crossing, following the “Hotel” sign straight ahead.

FROM THE AIRPORT

Take the Airport express Train 25 minutes to the Oslo Nationaltheatre station, and change there to T-Bane line 4/6 or 5 Storo to Nydalen. NOR-WAY Bussexpress manages buss routes to/from Oslo Int'l Airport Gardemoen. The buss will halt at the Nydalen bus stop on the ring road.

LOCAL TRANSPORT

The hotel is located at the public transport hub, all buses and the T-Bane is across the street from the hotel. Public transport is available from 0500 in the morning until 00.30

MEETING PLANNER

Radisson Blu Hotel Nydalen, Oslo, Norway

WELCOME TO RADISSON BLU



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ENGLISH 06/10

Radisson **BLU**
HOTEL NYDALEN, OSLO

WELCOME TO NYDALEN – THE NEW OSLO!

In the heart of the Nydalen Business Park – with the perfect location to all business in the area.

Idyllically situated along the Aker River, The Radisson Blu Hotel Nydalen is the natural choice for your next conference.

Ideally placed at the Nydalen central square with bus and tube stations across the street,

this strikingly modern hotel blends in naturally with the charming old factory buildings and the beautiful surroundings of this once so busy industrial area. Now it is renovated and made into the most modern part of town and most preferred area for the establishment of new businesses in Oslo.

Our state of the art conference facilities and excellent rooms should cater to every conference organizers many needs. The hotel is also close to shopping, entertainment, sport venues and museums in the local area.

MEETINGS & EVENTS:

Radisson Blu Hotel Nydalen offers modern and spacious meeting rooms adjusted to your needs.

Whether it's a board meeting or a large conference, the Radisson Blu Hotel Nydalen offers the best meeting and conferencing facilities in the area. With 11 meeting rooms and 5 breakout rooms spread over 900 m², our facilities can accommodate up to 200 guests. All rooms are equipped with state of the

art audiovisual equipment as well as wireless Internet access and all offer natural daylight.

A large Conference Foyer is offered for all conference guests where refreshments are served during the conference. This is also the perfect space for exhibitors, receptions and conference registration.

For private events our rooms are easily converted into a dining area perfect for banqueting entertaining, private luncheons

and other functions from 30 to 150 persons. We will endeavour to entertain you with the friendliest service and best food.

Our dedicated and professionally-trained staff will be on hands to facilitate requests in order to make your event perfect. We go out of our way to provide excellent service to make sure that all guests come away with our 100% Guest Satisfaction, a promise from us to you.

Welcome to Conferences in Nydalen:

- 1 "Sirkus" has a capacity of 200
- 2 Circo Bar & Restaurant – in the heart of the hotel.
- 3 Our facilities are flexible and easy to convert from meeting to function.
- 4 "Samba" is a modern and light meeting room with integrated AV equipment

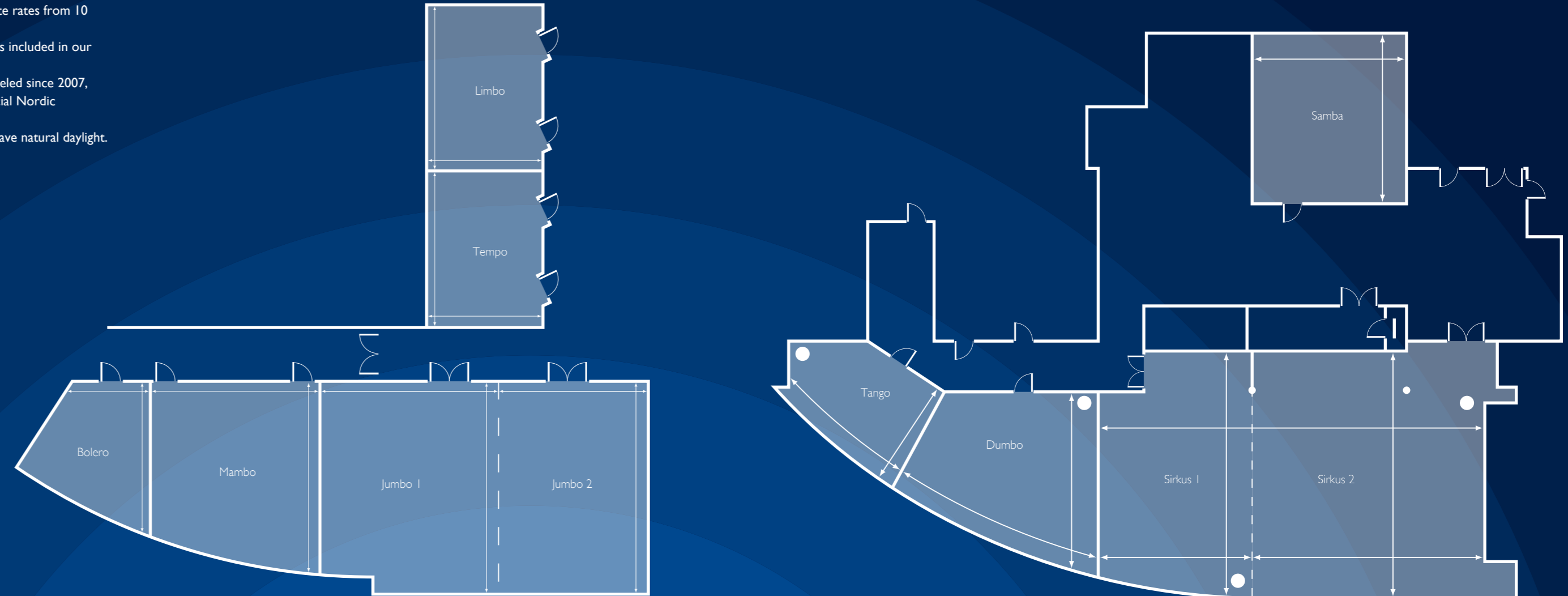


CONFERENCE CENTRE

2ND FLOOR

3RD FLOOR

- 900 m² of facilities, 11 conference rooms and 5 breakout rooms.
- Our largest room "Sirkus" is 191 m² and can accommodate up to 200 persons in theatre style.
- A large Conference Foyer is well suited for many occasions: conference registration, receptions, breakout area
- High speed internet accesses is free of charge for all conference guests trough out the whole hotel.
- We offer day delegate rates from 10 persons.
- Projectors are always included in our room rental rates.
- The hotel is Swanlabeled since 2007, The Swan is the official Nordic Environment label.
- All meeting rooms have natural daylight.



| MEETING ROOM CAPACITY | | | | | |
|-----------------------|----------------|------------|------------|---------|---------|
| MEETING ROOM | m ² | Board-room | Class-room | U-Shape | Theatre |
| 2 ND FLOOR | | | | | |
| Limbo | 34 | 10 | 20 | 14 | 30 |
| Tempo | 34 | 10 | 20 | 14 | 30 |
| Jumbo 1 | 65 | 20 | 35 | 20 | 45 |
| Jumbo 2 | 70 | 20 | 40 | 24 | 45 |
| Jumbo 1 + 2 | 135 | 30 | 90 | 45 | 130 |
| Mambo | 60 | 18 | 36 | 20 | 40 |
| Bolero | 27 | 10 | – | – | – |

| MEETING ROOM CAPACITY | | | | | |
|-----------------------|----------------|------------|------------|---------|---------|
| MEETING ROOM | m ² | Board-room | Class-room | U-Shape | Theatre |
| 3 RD FLOOR | | | | | |
| Samba | 52,5 | 16 | 25 | 20 | 40 |
| Sirkus 1 | 73 | 16 | 30 | 20 | 40 |
| Sirkus 2 | 118 | 30 | 60 | 34 | 90 |
| Sirkus 1 + 2 | 191 | 50 | 130 | 55 | 200 |
| Dumbo | 60 | – | 25 | 20 | 40 |
| Tango | 27 | 10 | – | 10 | – |